

NORTHWEST ARIZONA EMPLOYEE BENEFIT TRUST
DRAFT - Minutes of Quarterly Trust Meeting
Wednesday, November 17, 2021 10:00 A.M.

Trustees Present:

Ron Foggin, City of Kingman
Toby Cotter, City of Bullhead City
Jess Knudson, Lake Havasu City
Mike Murray, Lake Havasu Unified School District #1

Others Present:

Jenise Dimmick, GBS	Phylicia Martel, City of Kingman
Dominique Heidt, GBS	Stephanie Moore, GBS
Bobbie Kimelton, Lake Havasu City	Taylor Schulenberg, City of Bullhead City
Danielle Marshall, City of Bullhead City	Brittney Sertic-Bayliss, Lake Havasu City

1. Call to Order

The meeting was called to order by Chairperson Foggin at 10:04 A.M.

2. Roll Call

All Trustees and Alternate Trustees of the Northwest Arizona Employee Benefit Trust were present with the exception of Trustee Rebecca Stone from Lake Havasu Unified School District #1 and Alternate Trustee Krista Toschlog from City of Kingman.

3. Call to the Public

There were no comments from the Public.

Trustee Knudson made a motion to enter into executive session at 10:05 A.M. for agenda Items #4 through #8, Trustee Cotter seconded the motion, and the motion passed unanimously.

Trustees and Alternate Trustees resumed open session at 11:07 A.M.

4. Obtain advice from and provide direction to Legal Advisors regarding a subrogated claim

No Motion Required

5. Discussion and Possible Action Regarding Medical Plan Appeal for an Emergency Room Visit that was determined to be a non-emergency

Trustee Knudson stated he would like AmeriBen to handle as he believes that this decision should be made from a medical perspective.

Trustee Cotter made a motion to remit the claim back to AmeriBen for a full medical review, Trustee Murray seconded the motion, and the motion passed unanimously.

6. Discussion and Possible Action Regarding an RX Benefit Exception/ Override

Chairperson Foggin re-stated that the member has the option to make a formal request to Navitus after they are active on the plan and in the past members have asked for an override. The recommendation was made for the member to follow the process available through Navitus for a RX override.

No Motion Required

7. Update on the NAEBT Opioids Litigation

No Motion Required

8. Update regarding a Single Case Agreement with Mayo Clinic

No Motion Required

9. Discussion and Possible Action Regarding Approval of the Minutes from Trust Meetings held on August 11, 2021

Trustee Knudson made a motion to approve the Regular and Executive NAEBT Meeting Minutes of the August 11, 2021 Trust Meeting as presented, Trustee Murray seconded the motion, and the motion passed unanimously.

10. Discussion and Possible Action Regarding Approval of July through September 2021 Financials

Jenise Dimmick from GBS provided Trustees the July through September 2021 Financial Report. Chairperson Foggin asked for an explanation as to why the claims are running high. Jenise explained that we are seeing a large amount of high dollar claims this quarter from this plan year and some from last plan year and that it is our hope that as hospitals get caught up with billing we will start to see claims level out by the end of the plan year.

Trustee Murray made a motion to approve the July through September 2021 Financials as presented, Trustee Cotter seconded the motion, and the motion passed unanimously.

11. Medical Claims and COVID Claims Report

Kelly Schoonmaker from AmeriBen was unable to attend due to a death in the family. Stephanie Moore from GBS provided a report on medical claims from July 1, 2021 through September 30, 2021 and COVID-19 claims from March 2020 through November 13, 2021. Stephanie stated she will look at the claims paid the year before COVID-19. Trustee Cotter explained that it is not just the addition of LHUSD that is driving costs, he referenced page 64 of the packet showing the high utilization increase of Havasu Regional Medical Center that is also driving claims. Trustee Cotter asked if other Trusts are having conversations regarding COVID-19 mandates moving forward. There was a discussion regarding COVID-19 testing, vaccines and coverage by the Trust.

No Motion Required

12. Vendor Reports

Stephanie Moore from GBS provided a report on Prescription, Dental, Vision, Employee Assistance Program, Telemedicine and Case Management utilization. Trustee Knudson asked if the EAP reporting reflects the amount of members impacted. Stephanie explained that the reporting reflects issues reported, however, we are working with Uprise Health to get better reporting. There was a brief discussion regarding the RFP process for EAP that we will be working on. Phylicia Martel from City of Kingman expressed that they have had two complaints regarding BlueCare Anywhere. There was a brief discussion regarding the differences between Teladoc and BlueCare Anywhere. Chairperson Foggin

asked the administrative group to provide the pros and cons of each platform for discussion at the renewal meeting. Trustee Cotter asked if the Trust could get a clearer picture on how each platform systematically works for further discussion at the renewal meeting. Trustee Knudson asked if the Trust could have a utilization comparison for Teladoc by the renewal meeting. Stephanie stated that we will provide two years' worth of data to compare.

No Motion Required

13. Mental Health Utilization Report

Stephanie Moore from GBS provided a report of mental health visits processed through the Medical Plan, Teladoc and the Employee Assistance Program. Trustee Cotter asked if members are able to go to a facility of their choosing for in-patient treatment. Stephanie stated that in-patient stays have to be pre-certified and be in-network.

No Motion Required

14. Discussion and Possible Action Regarding the June 30, 2021 IBNP Report and Recommended Reserve Letter

Stephanie Moore from GBS provided the Trustees with a report on the Incurred but Not Paid (IBNP) Claim Reserves report as prepared by the Trust's Actuary, Cheiron.

No Motion Required

15. Discussion and Possible Action Regarding the Virgin Pulse Contract and Wellness Update

Dominique Heidt from GBS provided updates on completed and current programs. Dominique also presented options for amending the Virgin Pulse contract and recommended that the Trust move forward with amending the contract to upgrade the platform and add the VP+ partnerships. Trustee Knudson asked if the VP+ partnerships will be within the Virgin Pulse app. Dominique explained that the partners can be utilized within the Virgin Pulse app or members can download a separate app. Trustee Cotter expressed that some of the partners presented duplicate what the Trust offers through EAP. Stephanie with GBS explained that EAP provides high level assistance as the app would provide more options with long term goals. Chairperson Foggin stated that he has an issue with the way points are being issued for eye exams at a doctor's office as supposed to an on-site screening. There was a brief discussion regarding points for exams outside of screenings. Trustee Cotter expressed concern regarding participation and would like to discuss proposing a penalty to those who don't participate at the next meeting. Trustee Murray asked if we can do marketing regarding incentives available to members to increase participation. Dominique explained that there are a two flyers that the admin group is reviewing to market the Virgin Pulse platform. There was a brief discussion regarding marketing ideas. Dominique thanked the admin group for all of their hard work.

Trustee Knudson made a motion to amend the contract to upgrade the platform, add the VP+ partnerships and extend the contract with Virgin Pulse for an additional year, Trustee Murray seconded the motion, and the motion passed unanimously.

16. Administrative Update

Stephanie Moore from GBS updated the Trust on the assignment of a new AmeriBen Client Services Coordinator and the assignment of a new Navitus Client Services Executive. Stephanie also advised the Trust that in regards to appeals, due to the lack of response from medical professionals, she is now advising members to get their own medical records so she can send them securely to AmeriBen.

No Motion Required

17. Future Agenda Items

Trustee Cotter would like to discuss wellness participation and options for those who do not participate as well as prospects to join NAEBT. Chairperson Foggin wants to ensure the Trust continues to get data regarding mental health. There was a discussion regarding the outreach to future prospects to joining NAEBT.

No Motion Required

18. Individual Entity Reports

Bullhead City – Toby introduced Danielle Marshall. Toby also discussed the antibody infusions for those with COVID-19 and reported that Bullhead City recently lost two City Council Members to illness. Danielle Marshall gave a brief overview of her background.

Lake Havasu City – Jess welcomed Danielle and also expressed his condolences to Bullhead City. Jess shared that that the December 6th date is approaching for employees of the hospital to get vaccinated or leave employment. Jess introduces Bobbie Kimelton. Bobbie gave a brief overview of her background.

Lake Havasu Schools – Mike welcomed Danielle and Bobbie. Mike also expressed that the district is experiencing a fluctuation in employment. Mike also appreciates the Trust and the high level of benefits that they are able to offer to their employees. Mike gave thanks to Stephanie for her knowledge and responsiveness.

Kingman – Ron shared that the City of Kingman is looking for a City Engineer and would appreciate any recommendations.

No Motion Required

19. Next Meeting Date – February 23,24 & 25, 2022

The next regularly scheduled meeting will be the Annual Renewal Meeting that will take place on February 23, 24 & 25, 2022 at the Rancho de los Caballeros in Wickenburg, AZ. Stephanie gave a brief overview of the agenda for the renewal meeting.

No Motion Required

20. Adjournment

Trustee Murray made a motion for adjournment, Trustee Cotter seconded the motion, and the motion passed unanimously.

Chairman Foggin adjourned the meeting at 1:12 P.M.

Respectfully Submitted,

Jenise Dimmick, Recording Secretary