

**NORTHWEST ARIZONA EMPLOYEE BENEFIT TRUST**  
**DRAFT- Minutes of Board of Trustees Trust Meeting**  
**Wednesday, May 11, 2022 10:00 A.M.**

**Trustees Present:**

Ron Foggin, City of Kingman  
Jess Knudson, Lake Havasu City  
Danielle Marshall, City of Bullhead City  
Rebecca Stone, Lake Havasu Unified School District

**Others Present:**

Brittney Bayliss, Lake Havasu City	Stephanie Moore, GBS
Jenise Dimmick, GBS	Mike Murray, Lake Havasu Unified School District
Dominique Heidt, GBS	Taylor Schulenburg, City of Bullhead City
Bobbie Kimelton, Lake Havasu City	Kari Schusler, Lake Havasu Unified School District
Phylicia Martel, City of Kingman	Krista Toschlog, City of Kingman
Rachele Martin, BCBSAZ	Cheri Tropple, Lake Havasu Unified School District

**1. Call to Order**

The meeting was called to order by Chairperson Foggin at 10:01 A.M.

Chairperson Foggin explained that due to an agenda posting error a future meeting would be held to vote on items requiring action.

**2. Roll Call**

All Trustees and Alternate Trustees of the Northwest Arizona Employee Benefit Trust were present, except Trustee Cotter, City of Bullhead City.

**3. Call to the Public**

Billy Young from Lake Havasu City expressed frustration with customer service and billing issues with Lake Havasu Regional Medical Center.

**4. Discussion and Possible Action Regarding Approval of the Regular & Executive Session Minutes from the Renewal Workshop and Trust Meeting held on February 24-25, 2022 and Regular Session Minutes Special Trust Meeting held on April 11, 2022.**

*No action taken.*

**5. Discussion and Possible Action Regarding Approval of the January through March 2022 Trust Financials**

Jenise Dimmick from GBS presented a financial review through March 31, 2022 of the current plan year compared to the same period of the 2020-2021 plan year.

*No action taken.*

**6. Discussion and Possible Action Regarding the 2022-23 Reinsurance Renewal Authorization**

Stephanie Moore from GBS discussed the reinsurance renewal authorization; it is standard procedure through the budget process to estimate the renewal increase for reinsurance coverage. Carriers need to review 10 months of plan year claims data before they will submit a firm offer. GBS respectfully requested that the Trustees allow GBS to work directly with the Trust's Chairperson, Ron Foggin, to negotiate and bind the Trust on the reinsurance renewal offering that is in the Trust's best interest.

*No action taken.*

#### **7. Network Report and Discussion and Possible Action Regarding Havasu Regional Medical Center and the BCBSAZ Provider Network**

Rachele Martin from BCBSAZ was present and apologized that Colby Bower was unable to attend due to a recent medical procedure, however, presented his points to the Trust regarding BCBSAZ providers, contracts and regional concerns. Trustee Knudson asked if Lake Havasu Regional has an evergreen contract. Rachele explained that Havasu Regional has an evergreen contract and stated that it stays in force indefinitely and is reevaluated at the request of the provider typically for price increases. Trustee Knudson stated that he would like to see if the Trust can request to renegotiate the contract with Havasu Regional Medical Center. Rachele stated that she would find out if that is possible and let the Trust know. Stephanie from GBS explained to Trustees that an incentive program to utilize a facility other than Lake Havasu Regional Medical Center could also be implemented. Rachele asked if the frustration regarding Lake Havasu Regional were service related or cost related and explained that the more information she could take back to her executive team the better. There was a discussion regarding concerns related to the high cost to the plan and plan participants when Havasu Regional Medical Center is utilized as well as the service issues experienced through the HRMC Emergency Room.

*No motion needed.*

#### **8. Vendor Reports**

Stephanie Moore from GBS provided to the Trust an executive summary based on reports from AmeriBen, Navitus, Ameritas, Telemedicine, and mental health utilization. Chairperson Foggin asked if the Trust's diabetes diagnoses are consistent with Mohave County and suggested that the entities could also do efforts along with what BCBSAZ is implementing in this area to increase diabetes education. Chairperson Foggin expressed he is excited for the implementation of CuraLinc. Chairperson Foggin also expressed that he is concerned about no longer offering Teladoc. Stephanie explained that we will do an education campaign BlueCare Anywhere. Trustee Knudson asked for clarification as to what will happen if someone calls Teladoc at the beginning of the plan year. Stephanie explained that she will find out and let Trustees know.

*No motion needed.*

#### **9. Discussion and Possible Action Regarding Preventative Screening Coverage and Wellness Report**

Dominique Heidt from GBS provided updates on Completed Programs and Current Programs. Dominique also gave an update regarding AIWW and also provided alternatives for Skin Cancer Screenings, Comprehensive Eye Exams, and Mammogram Screenings. Trustee Knudson asked for clarification as to why the Trust is no longer going to be utilizing AIWW. Dominique explained that there has been scheduling, billing and service issues with this vendor and currently they are the only vendor that does Skin Cancer

Screenings. Krista asked how does the Trust control costs for screenings done at a dermatologist's office. Stephanie explained that the cost at the dermatologist office and the onsite screenings are similar which is why this alternative is appropriate. There was a discussion regarding alternatives for Skin Cancer Screenings. Dominique stated that it is not the intent to no longer offer the on-site screenings but to find an alternative until a vendor is secured for future Skin Cancer Screenings. Chairperson Foggin stated for mammograms we should utilize the vendor that has the best equipment. Dominique explained that MOM does provide 3D mammograms. Krista with City of Kingman asked if there is a diabetes focus in VP. Dominique stated she would check with VP. Mike with Lake Havasu School District asked if there is anyway the dependent age can be lowered for juveniles to be able to participate in VP. There was a discussion regarding ages for wellness participation specifically in regards to juvenile diabetes education.

*No action taken.*

#### **10. Discussion and Possible Action Regarding Approval of the 2022-23 Quarterly Trust Meeting Schedule**

Stephanie Moore from GBS presented to Trustees a recommendation to select and approve the following dates and locations for the upcoming 2022-23 Quarterly Trust Meetings.

- Wednesday, August 10, 2022 at 10:00am, hosted by Bullhead City
- Wednesday, November 16, 2022 at 10:00am, hosted by City of Kingman
- Wednesday, Thursday, and Friday, February 15-17, 2023 - Annual Benefits Renewal Meeting, Rancho de los Caballeros in Wickenburg, AZ
- Wednesday, May 10, 2023 at 10:00am, hosted by Lake Havasu Unified School District

Mike with Lake Havasu Unified School District stated that it is better for the District to have the Renewal Meeting as early in the year as possible due to contract negotiations with teachers. Chairperson Foggin suggested that the August meeting to be moved to Kingman and the November meeting to be moved to Bullhead City. Chairperson Foggin expressed that unless the increase at Rancho de los Caballeros is severe that the Trust should continue to host the Annual Renewal meeting there. Stephanie explained that since the rate is all inclusive, the cost would be the same if not higher at a location elsewhere.

*No action taken.*

#### **11. GBS Projects and Administrative Update**

Stephanie Moore from GBS reviewed the 2022-23 GBS projects to include and RFP for FSA Administrator, Auditor and researching investment experts. Stephanie explained that a one page website will be created for the Trust for legal postings. Stephanie also announced that Dominique will be leaving and wished her well in her new position.

*No motion needed.*

#### **12. Individual Entity Reports**

Lake Havasu City – Bobbie shared that they made open enrollment meetings mandatory this year and stated that they are also seeing employees shift to the Health Savings Plan.

Bullhead City – Danielle stated that a lot of employees are switching to the Health Savings Plan.

Lake Havasu Schools – Mike shared that they are finishing open enrollment and that they currently have only two employees that have not completed enrollment. Kari stated that they have not had a lot of employees switch to the Health Savings plan.

City of Kingman – Phylcia stated that they have approximately thirty employees that need to complete their

open enrollment and have had a few employees switch to the Health Savings Plan, but will have better data after open enrollment ends.

*No motion needed.*

**13. Future Agenda Items**

No future agenda items were discussed.

*No motion needed.*

**14. Adjournment**

Chairman Foggin adjourned the meeting at 11:44 P.M.

Respectfully Submitted,

Jenise Dimmick, Recording Secretary