

**NORTHWEST ARIZONA EMPLOYEE BENEFIT TRUST**  
**DRAFT - Minutes of Quarterly Trust Meeting**  
**Wednesday, December 7, 2022 2:00 P.M.**

**Trustees Present:**

Ron Foggin, City of Kingman  
Toby Cotter, City of Bullhead City  
Jess Knudson, Lake Havasu City  
Rebecca Stone, Lake Havasu Unified School District #1

**Others Present:**

Jenise Dimmick, GBS  
Kari Dunlop, Lake Havasu Unified School  
District #1  
Jennifer Huppenthal, AHG  
Bobbie Kimelton, Lake Havasu City  
Ray Jennings, AHG  
Danielle Marshall, City of Bullhead City

Laura Montini, GBS  
Stephanie Moore, GBS  
Taylor Schulenberg, City of Bullhead City  
Brittney Sertic-Bayliss, Lake Havasu City  
Krista Toschlog, City of Kingman  
Cheri Tropple, Lake Havasu Unified School  
District #1

**1. Call to Order**

The meeting was called to order by Chairperson Foggin at 2:05 P.M.

**2. Roll Call**

All Trustees and Alternate Trustees of the Northwest Arizona Employee Benefit Trust were present with the exception of Alternate Trustee Mike Murray from Lake Havasu Unified School District #1.

**3. Call to the Public**

There were no comments from the Public.

**4. AHG Patient Advocacy Presentation**

Jennifer Huppenthal from American Health Group provided a presentation on their Patient Advocacy Program.

*No Motion Required*

**5. Discussion and Possible Action Regarding Approval of the Minutes from Trust Meeting held on August 24, 2022**

*Trustee Knudson made a motion to approve the Regular NAEBT Meeting Minutes of the August 24, 2022 Trust Meeting as presented, Trustee Stone seconded the motion, and the motion passed unanimously.*

**6. Discussion and Possible Action Regarding Approval of July through September 2022 Financials**

Jenise Dimmick from GBS provided Trustees the July through September 2022 Financial Report.

*Trustee Knudson made a motion to approve the July through September 2022 Financials as presented, Trustee Stone seconded the motion, and the motion passed unanimously.*

**7. Vendor Reports**

Stephanie Moore from GBS provided a report on Medical, Prescription, Opioid Utilization, Dental, Vision, and Employee Assistance Program. Trustee Cotter thanked Stephanie for the Opioid Utilization update and expressed how far the Trust has come in regards to these claims.

*No Motion Required*

#### **8. Discussion and Possible Action Regarding the 2022-23 Risk Management Plan**

Stephanie Moore from GBS presented the 2022-23 NAEBT Risk Management Plan.

*Trustee Stone made a motion to approve the 2022-23 NAEBT Risk Management Plan as presented, Trustee Cotter seconded the motion, and the motion passed unanimously.*

#### **9. Discussion and Possible Action Regarding LGIP Investments**

Stephanie Moore from GBS presented the statements for the current NAEBT LGIP investments and the AZ State Board of Investment report for September 2022. Chairperson Foggin suggested that the Trust keep at least one and a half months of operating expenses in the Trust bank account. Trustee Cotter explained why he requested this item to be added to the agenda and stated that there are many options for other investment. Trustee Cotter also expressed that he would be in favor of the Trust Chairperson researching various options with the assistance of the Trusts broker. There was a brief discussion regarding various investment options and adding an agenda item to future meetings to review the Trusts investments.

*Trustee Cotter made a motion to allow the Trust Chairperson to work with GBS to determine the appropriate transfer of funding from Foothill Bank to the LGIP Fund and establish a quarterly statement to thoroughly review the Trusts investment, Trustee Stone seconded the motion, and the motion passed unanimously.*

#### **10. Approval of the June 30, 2022 Financial Audit**

Jenise Dimmick from GBS provided a brief review of the NAEBT financial audit for plan year July 1, 2021 through June 30, 2022.

*Trustee Knudson made a motion to accept the June 30, 2022 Financial Audit, Trustee Stone seconded the motion, and the motion passed unanimously.*

#### **11. Wellness Update**

Laura Montini from GBS provided updates on completed, current, and future programs. Laura also provided an update on Virgin Pulse Engagement. Trustee Knudson expressed if someone has a pre-existing condition and is already getting screenings from their doctor they should be able to receive VP points without having to participate in onsite screenings. Chairperson Foggin agreed and suggested that the Trust discuss further at the Renewal Meeting.

No Motion Required

#### **12. Administrative Update**

Stephanie Moore from GBS updated the Trust on the Consolidated Appropriations Act (RxDC

Reporting), reminded the Trust that the website is being updated with the posting agendas, let the Trust know that the rate consideration for Lake Havasu Unified School District has been submitted, and has informed the Trust of some of the benefit change options that have been submitted to the Trusts Actuary.

*No Motion Required*

### **13. Future Agenda Items**

Chairperson Foggin mentioned that he had previously asked Stephanie Moore with GBS to add the discussion regarding the penalty for HRA screenings to the meeting agenda for the February meeting.

*No Motion Required*

### **14. Individual Entity Reports**

Lake Havasu Schools – Rebecca welcomed Laura and stated that she is happy to see the EAP Utilization and increase in screenings.

Lake Havasu City – Jess expressed that due to staff shortages the hospital is only running at a fraction of its capacity which has caused members of the community to be turned away. Troy Sterling is going to be the new police chief.

Bullhead City – Toby stated that WACOG asked if he would sit in on their new health Trust and stated if there were any conflicts to please let him know. Danielle stated that the chair massages are booked and have been successful.

Kingman – Ron shared that the CDC has warned about a possible pandemic regarding RSV, flu, and COVID. Krista welcomed Laura.

*No Motion Required*

### **15. Next Meeting Date – February 15,16 & 17, 2023**

The next regularly scheduled meeting will be the Annual Renewal Meeting that will take place on February 15, 16 & 17, 2023 at the Rancho de los Caballeros in Wickenburg, AZ.

*No Motion Required*

### **16. Adjournment**

Chairman Foggin adjourned the meeting at 3:39 P.M.

Respectfully Submitted,

Jenise Dimmick, Recording Secretary